**My Gym**

This session is for those gymnasts aged 10 and above.

It is a gymnast led session, with coaches present to advise and assist if needed.

The gymnasts can choose what they work on and how long they wish to spend on each activity.

These sessions will run every Saturday afternoon 4pm-6pm and will be charged at £10 per person. (Deducted from the fees paid April-July) **Only those who made payments during this time are eligible to book.**

As we are limited to 30 gymnasts per session you must pre book.

To do so text 07842849595 with:

Child’s full name, DOB & dates you wish to attend.